

Ever wondered what it'd be like to face an opponent in the ring for 3 rounds?
Here's a great opportunity to support a good cause and test your grit!



White Collar Boxing "Fight Night IV"

No experience required, in fact, that's the point!

This event is designed for charity & fun ONLY.

Volunteer your time and we'll have you ready by fight night!

Back by popular demand, we are once again calling all men and women interested in learning the "sweet science" while helping a great cause. Choose your ring name, star in your own promo video, pick your fight song and bring your friends & coworkers to cheer you on from the edge of the bar as you take on your challenger! This is a rare opportunity to get trained by Wisconsin's best boxing program while getting in the best shape of your life!!!

*Matches will be made based on age, weight & experience/ability

*This is a  USA Boxing sanctioned event

Email or Call with Contact Info before May 22nd:
boblynchboxing@gmail.com | (608) 574-7659

 <http://boblynchboxingfoundation.org/>

*Bob Lynch Boxing Foundation, Inc. is a 501c3 Non-Profit
Donations are tax deductible to the extent allowed by law.
EIN – 47-2173360*

KEY DATES FOR THE EVENT

Kick Off & Registration – Wednesday, May 22nd, 2019

6:30PM @ **Ford's Gym** – 2114 Winnebago St, Madison, WI

- \$350 covers training expenses & personal promo video! We'll help you fundraise if needed.

Training Sessions: Training begins @ **Ford's Gym in August!**

- Beginners must have basic fundamentals prior to start of August group training. **Monday night "Fundamentals" classes in June/July** are strongly recommended. (Mon 7:00-8:30 pm)
- Intensive group conditioning/training **starts Tuesday, August 6th**

Mock Weigh-In Event – Sunday, October 20th, 2019

Red Mouse Bar and Grill – Bring your *entourage!*

- Ham it up while you face-off with your opponent

Fight Night IV – Saturday, November 2nd, 2019

Red Mouse Bar and Grill – 3738 Cty Rd P, Cross Plains, WI

Weigh-ins @ 4:00 | Doors Open @ 6:00 | Bouts Start @ 7:00